



ORGANIZE & DECLUTTER *Challenge* Tracker



Monthly Tracker

These monthly trackers allow you to see exactly how far you've come.

Each day write in the number of items you've purged from your home. Even if you only declutter one item daily, that will be over 300 items in a year.

I've made the tracker for Monday thru Saturday, with Sunday being a day to rest and rejuvenate for the coming week.

Sometimes decluttering is easy, and you'll be on a roll. But then, sometimes, you'll come across that item that will stop you in your tracks. Why is that?

Usually, it's because it's something you have a history or sentimental attachment to. An excellent book about dealing with these emotions is

[Clutter Busting Your Life: Clearing Physical and Emotional Clutter to Reconnect with Yourself and Others](#) Written by Brooks Palmer

Other books on this subject

[What Your Clutter Is Trying to Tell You: Uncover the Message in the Mess and Reclaim Your Life](#)

[From Clutter to Clarity: Clean Up Your Mindset to Clear Out Your Clutter](#)

Both were written by Kerri L. Richardson

January



Tracker

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February



Tracker

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March



Tracker

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

April



Tracker

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May



Tracker

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

June



Tracker

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July



Tracker

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August



Tracker

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September



Tracker

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October



Tracker

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November



Tracker

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December



Tracker

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Totals

Number of Items released

How do you feel different than you did one year ago?

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